



# Resolve to be Ready in 2011!

Don't Drop the Ball!  
ready.gov

Americans who make New Year's resolutions are 11 times more likely to report continued success changing a problem than comparable individuals who have not made a resolution, according to the Journal of Clinical Psychology. As we enter 2011, the Kings County Office of Emergency Management is urging you to make preparing for an emergency a New Year's resolution that is both important and easy to keep.

It just takes three steps:

1. Get an emergency supply kit.
2. Make a family emergency plan.
3. Be informed about the different types of emergencies that could occur in your area and their appropriate responses.

Consider the following questions:

1. Have you spoken to your children's schools about their shelter-in-place and /or evacuation plans?
2. Do you know the evacuation plan at work?
3. If your cell phone was inoperable how would you get in touch with your family?
4. Do you have a family meeting place **AND** an out-of-town contact?

These are just a few questions you should consider as you are developing your emergency plans.

Emergencies can range from inconvenient to devastating, but by making this resolution and following these simple steps in advance, you will minimize the impact on you, your family and your businesses and give yourself greater peace of mind. For more information, visit [www.ready.gov](http://www.ready.gov). The website includes **free information, checklists and guidelines** about the two other key components of preparedness – developing a family emergency plan and being informed.

For more information, visit [www.ready.gov](http://www.ready.gov) or the Spanish-language website [www.listo.gov](http://www.listo.gov) or call 1-800-BE-Ready or 1-888-SE-LISTO (TTY 1-800-462-7585).

**Wishing you a happy and safe New Year, and remember,  
Don't drop the ball, Resolve to be Ready in 2011.**