



Daylight Savings Time Ends this Sunday, November 7th

For many, Daylight Saving Time (DST) comes to an end this coming weekend, on Sunday, November 7th at 2:00 am. To avoid morning confusion, simply set your clocks **BACKWARDS** one hour before going to bed on Saturday evening. *This is an excellent time to update your preparedness in several simple ways:*

- ✓ Check that your key phone and email contacts are updated and backed up.
- ✓ Check the charge in your fire extinguisher.
- ✓ Check the batteries in your smoke detectors and flashlights
- ✓ Check the expiration dates on your food and water. If needed, use or donate them and replenish your supplies.



PG& E also offers some tips for fall:

- Consider installing motion sensors on porch lights in front of homes. This also saves energy because lights will automatically turn on and off.
- Clean or change your furnace filter as the cold weather approaches. You should have your heating system inspected or serviced once a year for safety, longer life and better performance.
- Install programmable thermostats on heaters and timers on lamps; two additional energy saving ideas.
- Seal air leaks around pipes, flues and vents that pass through exterior walls, ceilings or floors.

- Keep all flammable materials safely away from electric heaters, and hot water heaters.
- As it gets darker earlier, drivers should be aware of children walking home or playing in the streets. Parents should suggest light colored clothing, including reflective material, for children to increase visibility.

When you set your clocks BACKWARDS, think to check on those items that are BACK UP resources: what you use when your own resources or first choices aren't available. Are they up-to-date?



Like to plan ahead? Here's Your Time Change Schedule through 2015

Year	Begin	End
2010	March 14	November 7
2011	March 13	November 6
2012	March 11	November 4
2013	March 10	November 3
2014	March 9	November 2
2015	March 8	November 1

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