

# Emergency Information List

Distribute copies of this list to members in your personal support network and anyone else who would assist you in an emergency. It's a good idea to also keep a copy by your phone or in your purse or wallet so that it is easily accessible in the event of an emergency.

## Personal Contact Information

Name:

Birth date:

Address:

Telephone number:

Social Security number:

Workplace:

Work phone number:

Work Address:

## Disaster Plan

Home evacuation location:

Workplace evacuation location:

Local emergency contact person:

Emergency contact person's number(s):

Network members:

Network member's home/work numbers:

Out-of-town contact:

Out-of-town contact's number(s):

How best to communicate with me: