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PREPAREDNESS FACT OF THE WEEK

This Week:
THREATS & HAZARDS IN CALIFORNIA

Part 5 of 12

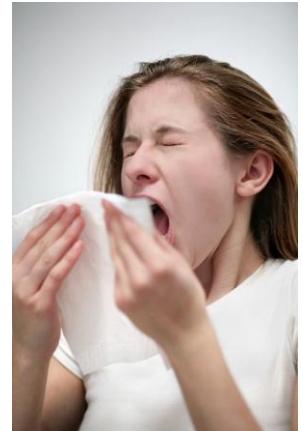
PANDEMIC



A disease outbreak can cause illness and result in significant casualties. Since 1900, there have been three influenza pandemics that killed approximately 600,000 people in the United States. In 2007, approximately 380 cases of West Nile Virus resulted in 21 deaths.

Remember to follow these actions suggested by the Centers for Disease Control and Prevention (CDC) that can help prevent the spread of germs that cause influenza. Take these steps to protect your health:

- ✓ Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- ✓ Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- ✓ Avoid touching your eyes, nose or mouth. Germs spread this way.
- ✓ Try to avoid close contact with sick people.
- ✓ If you get sick with influenza, CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.



The State of California "[Pandemic Influenza-Concept of Operations](#)" (pdf download)

Business



The purpose of "Make It Your Business to Fight the Flu: A Toolkit for Businesses and Employers" ([pdf download](#)) is to provide information and recommended strategies to help businesses and employers promote the 2010 – 2011 seasonal flu vaccine. More info at <http://www.cdc.gov/flu/business/>

Additional Resources:

[California Emergency Management Agency Pandemic-Avian Influenza](#)

[H1N1 Influenza from the California Department of Public Health](#)

Flu.Gov Information Website "[Know What to Do About the Flu](#)"

United States Department of Health and Human Services (USHHS) - "[HHS Pandemic Influenza Plan](#)"

American Veterinary Medical Association (AVMA) - "[Pandemic Preparedness for Veterinarians](#)"

United States Department of Health and Human Services (USHHS) - "[At Risk Populations and Pandemic Influenza](#)" pdf download

Resources:

http://cms.calema.ca.gov/prep_pandemic.aspx