



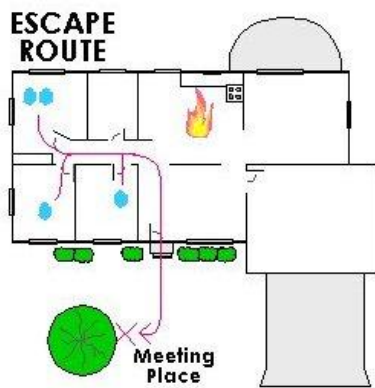
## ***National Preparedness Month Tip of the Day***

***September 1, 2010***

There are a few simple steps you and your family can take to become better prepared for an emergency: **Get a Kit**, **Make a Plan**, **Be Informed** and **Get Involved**. This September, during National Preparedness Month, please follow these "Tips of the Day" from the American Red Cross and the U.S. Department of Homeland Security to help you and your family get started today!

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### **The Best Way Out**



Take a moment to imagine that there is an emergency, like a fire in your home, and you need to leave quickly. What are the best escape routes from your home? Find at least two ways out of each room. Now, write it down - you've just got the beginnings of a plan. For your convenience, I have attached an escape plan grid for you to customize

your own plan.

*Remember...prepare, plan and stay informed!*

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**NATIONAL** SEPTEMBER 2010  
**PREPAREDNESS**  
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